

# RECIPE



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## Egg Nog

### INGREDIENTS:

1 cup Rye  
5 large eggs  
1 cup sugar  
1 1/2 cup heavy cream  
1 cup half n half  
2 1/2 cup milk  
2 1/2 tbsp Rum


### DIRECTIONS:

In a Vitamix or large blender, place all above ingredients.

Start the blender at the lowest speed and gradually turn up the speed to medium high. Blend for approximately 2 minutes until a froth starts to form on the top 1/8 of the blender.

If you blender is not big enough, cut the recipe in half and make two batches. One with the 3 eggs and one with the other 2 eggs.

Refrigerate for up to a week.



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